

# BLUEPRINT

## LIFE NOTES

Ephesians 1:1-14    Spiritual Blessings in Christ    September 17, 2017

### QUESTIONS

1. In Christ, we have many spiritual blessings that we should praise God for. Discuss some of them found in verses 3-12 and what they mean to you. Do you see a pattern of how these blessings are presented?

2. The role of the Holy Spirit is found throughout the book of Ephesians. What is His activity alongside the Father's and the Son's found in verses 13-14? What metaphors (illustrations) does Paul use to describe what the Spirit has done for the believer? Describe what they mean to you personally in your relationship with Christ.

3. Ephesians is a book that focuses on the church and how it is to function. The C&MA states 'the purpose of this church is to glorify God by proclaiming the Good News. Discuss how praise is (firstly) God-ward and (secondly) meant to reach others with the Gospel. How does God being praised in our lives lead to reaching out to others who don't know Christ?

### THINGS YOU CAN DO

1. Make a list of all the blessings that have come to you because of Christ.

2. Add more worship or thankfulness time into your personal or group time.

3. When feeling discouraged, pull out Ephesians 1:3-14 and declare these bold affirmations of your place in God's redemptive plan.